

Stressed Out? The primary goal of the Psychological Health Program is to promote and enhance psychological fitness and wellbeing. The Director of Psychological Health is available to provide consultation to Airmen on relationships, stress, emotional wellness, and mental health. The Director of Psychological Health program can support you and your family via from the comfort of your home through telehealth or an traditional in person appointment. **Please call 541-880-2479 for scheduling or email usaf.or.173-fw.mbx.dph@mail.mil.**